

PUBLIC HEALTH ADVISORY ON THE RISING NUMBER OF WHOOPING COUGH CASES ON THE NORTH SHORE

Baie-Comeau, June 17, 2024 – Due to an increase in the number of whooping cough cases in the region, the Direction de santé publique de la Côte-Nord would like to provide the public with further information. In the past two weeks, 28 cases have been confirmed in the region.

Public health is encouraging pregnant women to get vaccinated between the 26th and 32nd week of pregnancy (the vaccine may be administered until the full term of pregnancy if it has not been received before 33 weeks of gestation). Vaccination of pregnant women is highly effective in preventing whooping cough and its complications in babies. Parents of young children are also encouraged to adhere to the immunization schedule. People who have not been adequately vaccinated can be vaccinated against whooping cough free of charge by booking an appointment online at [Clic Santé](#) or by calling 1 844-407-0967.

Whooping cough is a contagious lung disease characterized by uncontrollable cough leading to choking or vomiting. Children under one year of age are more at risk of developing severe forms of the disease. Protecting them is therefore very important.

If you have excessive or persistent cough:

- Wear a mask to protect those around you
- Call Info-Santé at 811 or contact your family doctor or a medical clinic for assessment and treatment.

For more information on whooping cough, please visit quebec.ca.

– 30 –

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