



Contact information and links

Politique Chez soi : Le premier choix (French only)

<https://publications.msss.gouv.qc.ca/msss/document-003560/>

If you are receiving assistance - Home care services and the service employment paycheque

<https://publications.msss.gouv.qc.ca/msss/en/document-000865/>

If you are providing homecare assistance to a person with a handicap or loss of independence - Home care services and the service employment paycheque

<https://publications.msss.gouv.qc.ca/msss/en/document-000864/>

Name of the CLSC worker

CENTRE INTÉGRÉ DE SANTÉ ET DE SERVICES SOCIAUX DE LA CÔTE-NORD

The Centre intégré de santé et de services sociaux (CISSS) de la Côte-Nord serves a population of about 90,000 inhabitants on a territory that goes from Tadoussac to Blanc-Sablon (nearly 1,300 km of coastline), and includes Anticosti Island and the northern towns of Fermont and Schefferville.

The CISSS de la Côte-Nord is in charge of planning, coordinating, organizing and offering social and health services to the entire population of the region. It includes about 50 facilities and 4,000 employees.

Centre intégré de santé et de services sociaux de la Côte-Nord

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**Centre intégré
de santé
et de services sociaux
de la Côte-Nord**

Québec  
 

Direct Allowance Program

January 2024

**DIRECTION DU PROGRAMME DE SOUTIEN
À L'AUTONOMIE DES PERSONNES ÂGÉES**

Home support component

Québec  
 

HOME SUPPORT ORIENTATIONS

Chez soi : Le premier choix

The aim of the “Chez soi : Le premier choix” home support policy is to keep the user at home while considering their expectations and needs and those of the family caregiver.

It consists in providing the required support to enable the person with incapacitation to remain in their home with a view to physical and mental health, social participation, autonomy support and quality of life.

The purpose of this policy is to enable all users to remain in their home for as long as possible while providing care and services adapted to their needs, based on the required level of support. The service offering should be able to be adapted based on the evolution of the user’s health and psychosocial situation. All users should be treated fairly, regardless of their status, income, living environment or any other characteristic.

DO YOU LIVE AT HOME?

Do you need help to carry out certain activities of daily living (ADL) and home living activities (HLA), such as taking a bath, eating, getting dressed, preparing meals, etc.?

You could have access to the direct allowance program after being assessed to determine your needs and confirm whether you have a significant and persisting loss of autonomy compromising your ability to remain at home.

Services are provided by employees of the CISSS de la Côte-Nord and/or service partners:

- Domestic help social economy business
- Private seniors’ residence
- Service employment paycheque*
- Certain community organizations

* Eligibility requirement: Being able to ensure the management of your services (alone or with support from a relative).

WHAT IS THE DIRECT ALLOWANCE?

It is primarily a form of financial support

The direct allowance is defined as financial support intended for people with a disability or loss of autonomy who need long-term home support or support for their family caregivers to prevent exhaustion. Therefore, it enables the person to remain in their home longer.

This allowance is attributed by the Centre intégré de santé et de services sociaux de la Côte-Nord (CISSSCN), which assesses your needs and develops an intervention plan including a precise number of hours of home support services. The intervention plan must be revised by the CISSSCN at least once a year, and adjusted based on your needs.

It is important to mention that home support is a shared responsibility that falls to partners, users and family caregivers, and not only to the health and social service network.